

Relief of Sickness



Following an initial visit from Rod, in 2012, The James Tudor Foundation have maintained regular contact with QAHH and provided support and advice throughout the application process. Most recently, we were awarded a grant towards providing an on-site Wheelchair Technician to make vital assessments and adjustments to the wheelchairs of our disabled residents.



Wheelchairs at the Queen Alexandra Hospital Home

We are extremely grateful to The James Tudor Foundation for funding this vital service. The interventions provided by the wheelchair technician have enabled residents to get out of bed rather than be bed bound following serious illness and hospital admission. Individuals undergoing the early stages of rehabilitation, or those with a rapid progression of a deteriorating condition have benefitted from being seen quickly and having their needs assessed and equipment provided without delay.

Jennifer Hanraads, Trusts & Foundations Officer, [The Queen Alexandra Hospital](#)

Sussex Wildlife Trust gratefully received a grant The James Tudor Foundation to deliver a course of 'Wellbeing in the Wild'. This is our first grant from The James Tudor Foundation and our experience has been very positive. The Foundation has a clear funding process and they were flexible when we needed to adjust the timings of our project.



Making drinks around the campfire

Wellbeing in the Wild is a course offered to adults facing mental health challenges to help support their recovery. Participants spend a half-day each week in the woods at Friston Forest over a seven week period, where they learn green wood working, charcoal making and how to light campfires (bush craft style). Perhaps most importantly, they have a chance to meet new people, reduce anxiety levels, relax, gain confidence and self-esteem and experience the soothing powers of nature. On behalf of the Wellbeing in the Wild participants and staff, Sussex Wildlife Trust would like to thank The James Tudor Foundation for their support which made this shared journey possible.

Martin Felstead, Community Development Manager at [Sussex Wildlife Trust](#), July 2015

The grant from the James Tudor Foundation is having a positive impact on people with sight loss in Cornwall.

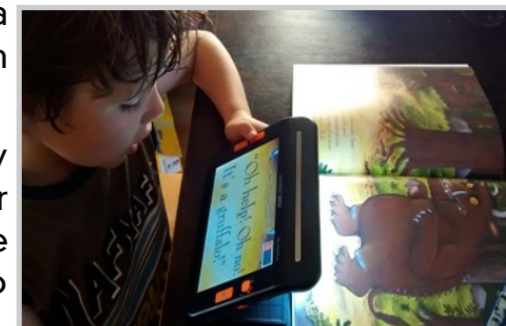
The development of this project ensures that they always have a first point of contact, an empathetic ear and support to lead active and independent lives. We would like to say a huge thank you to everyone who has made it possible.

Gill Mercer, Trusts and Grant Fundraising Manager
[Cornwall Blind Society \(i Sight\)](#), July 2015

Van Everson-Nightingale, aged 6 says

"It (an electronic magnifier) helps me to look at small things and pictures in my books. I can see them bigger and close up and much, much clearer. I can see what I have drawn using my magnifier. It makes me feel proud, my magnifier helps me a lot. I would feel upset without my magnifier because I can't see things that well.

Thank you for helping me. When I got the magnifier I was so happy".



Van using his electronic magnifier to read



Our James Tudor Foundation grants have helped us extend the scope of our services to carers of people with serious and enduring mental illness.

Since the first grant was approved we have been able to expand our service to equip carers with the information, expertise and support they need to help themselves and to support the people they care for to take control of their lives

and achieve recovery.

The grants have enabled us to develop our All Wales Mental Health Carers Forum and helped our National Carers' Lead, Junaid Iqbal, devote more time to supporting Carers; which forms a key aim of the [Hafal](#) trustees vision and mission.

We were delighted when the grants were approved and look forward to a successful relationship with the Foundation in the future.

Deborah Bowen, Hafal, July 2015



Junaid Iqbal, National Carer's Lead

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Tenovus Cancer Care built our Mobile Cancer Support Unit to reach people affected by cancer and isolated from treatment and support. An advanced, articulated vehicle housing a welcoming and clinically safe space, we use it to work



with the NHS and charities to ensure cancer patients get the support they need.

Whilst the NHS funds the treatments on board, they don't fund the Mobile Unit or the wider support that changes lives. Here, The James Tudor Foundation has stepped in, providing a grant to help address the rise of bowel cancer in South West England and Wales. One of the



Tenovus Mobile Cancer Support Unit

most preventable forms of the disease, it is now the fourth most common cancer. We are using the grant to do something about this, with a project that provides advice, tests the Unit's capacity to make a difference in this area, and is encouraging early detections to save people's lives. This is just the beginning, but without the Foundation's grant, it wouldn't be happening. We are therefore immensely grateful to everyone at The Foundation for their wonderful support.

Claudia McVie, Chief Executive, [Tenovus Cancer Care](#), July 2015

"The Tenovus Mobile Cancer Support Unit was an enormous help to me. The staff on the Unit were brilliant, their warmth, support and friendly nature kept me going."

Terrance Richards, who was treated on board the Mobile Unit in his home town of Cwmbran, July 2015

Newcastle Society for Blind People (NSBP) is extremely grateful for all the donations it has received from The James Tudor Foundation. Over several years these have helped towards core costs, our volunteering project and most recently a donation to our Outreach project. These funds have made a vital contribution enabling us to continue to provide specialist service provisions which are free of charge. Our services are vital in helping to make visually impaired peoples' lives more independent, to feel less isolated and overcome loneliness. The Society offers skilled support to service users when they experience Safeguarding issues. Therefore, the organisation is vitally important in ensuring the well-being and empowerment of our client group. One service user (out of 1,400 in Newcastle upon Tyne) said recently that *'NSBP was here for me when I first lost my sight and has continued to be here for me as my sight condition worsens. Without the staff and volunteers at NSBP providing its range of services, people with visual impairments in the city would be isolated with no place to turn to, to overcome the trauma of sight loss.'*



'Knit and Natter' Group

Heather Niven, [Newcastle Society for Blind people](#), July 2015

The Bristol Tranquilliser Project has received funding from the James Tudor Foundation since July 2006. The Foundation has continued to fund and support us through the years and their generosity has been amazing and has helped us support many more people going through involuntary addiction to prescribed medication. With this funding we are able to deliver and expand the services we offer.

We have always found the James Tudor Foundation to be very approachable and they are interested in the work that we do by taking time out to get to know our organisation. Without organisations like The James Tudor foundation many people would be without the support that they desperately need.

We are extremely grateful to the Foundation who helps us continue our work.

Jayne Hoyle, Project Manager Bristol Tranquilliser Project, July 2015



The Harbour has been lucky enough to receive the support of The James Tudor Foundation for various projects over several years. We have benefited from a long standing valued relationship with them, where The Foundation has taken the time to get to know us as an organisation, provide advice, and develop a mutual understanding of our work and vision.

Over the past year the Foundation has funded the recruitment and supervision of more trainee psycho-therapists and counsellors. This has increased our capacity, allowing us to offer more counselling and psychotherapy to people affected by life-threatening illness.

We are incredibly grateful for all of the support The Foundation has given us over the years and cannot thank them enough.

Sam Thomas, [The Harbour](#), July 2015

